



Beneficial Pain (BP) is dedicated to engaging, empowering and investing into its community. One of the ways in which we do this is through providing support to high school seniors as they pave the way for higher education.

The Change the Pain Scholarship awards three students with scholarships in the amount of \$1,000 per academic year for a total of *four*

years. Funds will be awarded directly to the student should they become a recipient of the scholarship.

Criteria and Eligibility

1. Applicant must be a graduating high school senior
2. Applicant must be attending a school in either Baltimore County or Baltimore City
3. Applicant must have the intention to attend a 4-year college or university
 - a. Proof of acceptance will be requested on the application
4. Applicant must demonstrate desire to persevere in academics, better their community/communities, and attend college
5. Applicant must be willing to attend bi-yearly events hosted by Beneficial Pain
6. Applicant must complete all parts of the application located on the Beneficial Pain website

Application Procedure

- Application must be completed and submitted on the Beneficial Pain website by **11:59 PM ET on May 1, 2022**
- At least one letter of recommendation (from other than relatives) must be submitted by **11:59 PM ET on May 1, 2022**
- All required sections must be answered completely
- A complete application includes a copy of the applicants High School Transcript as well as a list of any awards and recognition the applicant has received for academic achievement or extracurricular activities
- Applicants will be notified of their application status by early May, 2022. At this time, semi-finalists will be invited to participate in mandatory interviews
- Scholarship recipients will be notified by early June
- Scholarships will be awarded at the mandatory Change the Pain Scholarship Reception in early August

SECTION 1

Contact Information

Includes: First and Last Name, Preferred Name and Pronouns, High School, Email, Address, and Phone Number

SECTION 2

Demographics (optional)

Includes: Race, Date of Birth, Gender, First Generation Identification, Public or Private school (or neither), and How the Applicant Heard About Beneficial Pain.

SECTION 3

Academics

Includes: High School Transcripts, GPA, Transcript explanations (if any, Potential Colleges and/or Universities, and Awards/Recognition for Academic Achievement

SECTION 4

Prompts

1. Identify a quote that you feel connects to the Beneficial Pain mission statement.
2. In your own words, define the concept of Beneficial Pain (max 250 words).
3. In the last five years, identify a “pain” that you encountered in your city or local community. What is that pain? How has it impacted you and/or others? How can you make it beneficial? (Example: inadequate resources, education).
 - a. **Submissions may be: Essay (Max 750 words), Poem/Creative Writing, Video, PowerPoint, Song, or Picture.

SECTION 5

Recommendations.

- A complete application will include a minimum of one letter of recommendation.
- All recommenders must email their recommendations directly to Director of Scholarships, Bria Cooper, bria@beneficialpain.com by May 1, 2022. Please include the applicant's full name in the subject line.

Application Deadline

Completed applications should be submitted through the Beneficial Pain website no later than **May 1st, 2022**. If for any reason the applicant is not able to access the application, please send all information to Director of Scholarships, Bria Cooper, bria@beneficialpain.com.